



Tarsometatarsal (midfoot) Fusion

not cause any problem, although the foot may not look “quite right”. Occasionally, the position is a problem and further surgery is required to correct it.

- Sometimes, screws or pins become loose as the bone heals and cause pain or rub on your shoe. If this happens they can be removed usually a simple operation which it is often possible to do under local anaesthesia. For some of our patients needs a screw taken out.
- Deep vein thrombosis and pulmonary embolism (blood clots)

There are general risks with any operation that include blood clots, anaesthetic complications and tourniquet complications. Generalised anaesthesia carries a small risk of complications. Some of our patients may need a blood thinner before and after surgery.

What can I do to help?

Preparation for surgery

Preparation for surgery. The evidence from studies and our experience suggests that taking aspirin, clopidogrel, warfarin, statins, C and vitamin D tablets or multivitamins – these may slow down healing and is linked to increased risk of infection. Many foot problems are improved by losing weight.

Further information

Additional information

have been taken from information produced by the British Orthopaedic Foot Surgery Society using audits from all areas of the UK.

The British Orthopaedic Foot Surgery Society web site is available at: www.bofas.org.uk

Mann, Coughlin and Saltzman (2007) Surgery of the Foot and Ankle 8th edition, Elsevier, 3KLODGHOSKLD

Myerson, S (Ed) (2000) Foot and Ankle
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NHS Constitution. Information on your rights and responsibilities. Available at www.nhs.uk/aboutnhs/constitution